

ZC 2026: Session: 4: COACH evaluation sheet for TEAM: ZALM

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moers Greet HEADCOACH

Coaches: Moers Liesbet

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 33: 100M FREESTYLE MEN 11-12 **Heat:7, starttime: 15:47**

Heat: 7/11 Lane : 3 Athlete: DECLERCK BRIEK **Q-time: 01:20:09**

PB (50m pool): 01:20.09 Antwerpen 15/03/2026 **PB (25m pool): 01:23.38 SB: 01:20.09 Antwerpen 15/03/2026**

	50 M	100 M		
PB	00:37.66	01:20.09		
	00:37.66	00:42.43		
		

Coach feedback:

Event number: 35: 200M FREESTYLE MEN 15+ **Heat:5, starttime: 16:38**

Heat: 5/13 Lane : 4 Athlete: REYNIERS MATTEO **Q-time: 02:24:83**

PB (50m pool): 02:31.37 SportinGenk Park 24/05/2026 **PB (25m pool): 02:24.83 SB: 02:31.37 SportinGenk Park 24/05/2026**

	50 M	100 M	150 M	200 M	
PB	00:33.77	01:12.14	01:53.07	02:31.37	
	00:33.77	00:38.37	00:40.93	00:38.30	
	

Coach feedback:

Event number: 35: 200M FREESTYLE MEN 15+ **Heat:13, starttime: 17:01**

Heat: 13/13 Lane : 7 Athlete: MARINUS BAS **Q-time: 02:08:95**

PB (50m pool): 02:16.33 Antwerpen 20/04/2025 **PB (25m pool): 02:08.95 SB: no time**

	50 M	100 M	150 M	200 M	
PB	00:31.22	01:06.22	01:42.68	02:16.33	
	00:31.22	00:35.00	00:36.46	00:33.65	
	

Coach feedback:

ZC 2026: Session: 4: COACH evaluation sheet for TEAM: ZALM

Event number: 37: 50M FREESTYLE MEN 13-14		Heat:4, starttime: 17:35
Heat: 4/11 Lane : 4 Athlete: DECLERCK WANNE		Q-time: 00:33:49
PB (50m pool): 00:33.49 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:34.84 SB: 00:33.49 Zwembad Brigitte Becue 26/04/2026		
	5 0 M	
PB	00:33.49	
	00:33.49	
	

Coach feedback: